



Onaya Wellness **PERÚ**

Journey Beyond
Destinations



DAY 1

ITINERARY

7 LAKES OF PACCHANTA ITINERARY WITH
PACHAMAMA OFFERING
ONAYA GETAWAYS

THIS FULL-DAY EXPERIENCE COMBINES BREATHTAKING ANDEAN LANDSCAPES, THE SERENE BEAUTY OF THE 7 LAKES OF PACCHANTA, AND A TRADITIONAL PACHAMAMA (MOTHER EARTH) OFFERING CEREMONY LED BY AN ANDEAN SHAMAN. YOU WILL CONNECT DEEPLY WITH NATURE, EMBRACE ANDEAN SPIRITUALITY, AND ENJOY THE HEALING TRANQUILITY OF THIS EXPERIENCE

05:00 AM

PICKUP AND DEPARTURE

- EARLY MORNING PICKUP FROM YOUR ACCOMMODATION IN CUSCO.
- SCENIC DRIVE TO THE PACCHANTA COMMUNITY (APPROX. 3.5 HOURS).
- LIGHT BREAKFAST STOP IN TINQUI VILLAGE.

08:30 AM

ARRIVAL AT PACCHANTA

- WELCOME TO THE COMMUNITY BY LOCAL HOSTS.
- INTRODUCTION TO THE DAY'S ACTIVITIES AND MEETING WITH THE ANDEAN SHAMAN.

10:00 AM

PACHAMAMA OFFERING CEREMONY

- PARTICIPATE IN A TRADITIONAL ANDEAN RITUAL TO HONOR PACHAMAMA.
- GUIDED BY THE SHAMAN, MAKE OFFERINGS OF COCA LEAVES, FLOWERS, AND OTHER NATURAL ELEMENTS IN GRATITUDE FOR THE BLESSINGS OF NATURE.
- LEARN ABOUT THE SPIRITUAL SIGNIFICANCE OF THE CEREMONY AND CONNECT WITH THE ANDEAN WORLDVIEW.
- LEARN THE ANDEAN COSMOVISION AND BE BLESSED BY MOTHER EARTH IN THIS SIGNIFICANT AND TRADITIONAL RITUAL.

11:30 AM

START OF THE 7 LAKES HIKE

- BEGIN YOUR HIKE TO EXPLORE THE 7 SACRED LAKES OF PACCHANTA.
- MARVEL AT STUNNING TURQUOISE AND EMERALD WATERS SURROUNDED BY TOWERING SNOW-CAPPED PEAKS, INCLUDING AUSANGATE.
- THE SHAMAN WILL SHARE STORIES OF THE SPIRITUAL SIGNIFICANCE OF EACH LAKE AND THEIR CONNECTION TO ANDEAN COSMOLOGY.

LAKES INCLUDED

- AZULCOCHA
- OTORONGO
- ALQACOCHA
- PUCACOCHA
- Q'OMERCOCHA
- CHINA OTORONGO
- WARMISAYA

2:30 PM

PICNIC LUNCH BY THE LAKES

- ENJOY A NOURISHING ANDEAN MEAL PREPARED WITH LOCAL INGREDIENTS.
- VEGETARIAN OPTIONS AVAILABLE.

3:30 PM

HEALING MOMENTS AND REFLECTION

SPEND QUIET MOMENTS MEDITATING BY THE LAKES OR PARTICIPATING IN A BRIEF GUIDED MINDFULNESS SESSION WITH THE SHAMAN.

4:30 PM

RETURN TO PACCHANTA

RETURN HIKE TO THE PACCHANTA COMMUNITY.

05:00 PM

FAREWELL AND DEPARTURE

- BID FAREWELL TO THE PACCHANTA COMMUNITY AND SHAMAN.
- BEGIN THE DRIVE BACK TO CUSCO.

08:30 PM

ARRIVAL IN CUSCO

DROP-OFF AT YOUR ACCOMMODATION, COMPLETING THE JOURNEY.

INCLUSIONS

- TRANSPORTATION (CUSCO – PACCHANTA – CUSCO).
- PROFESSIONAL GUIDE AND ANDEAN SHAMAN.
- PACHAMAMA OFFERING MATERIALS.
- BREAKFAST, PICNIC LUNCH, AND SNACKS.
- ENTRANCE FEES TO PACCHANTA AND HOT SPRINGS.

WHAT TO BRING

- COMFORTABLE HIKING SHOES.
- WARM, LAYERED CLOTHING.
- RAIN JACKET OR PONCHO.
- SUNSCREEN, HAT, AND SUNGLASSES.
- REFILLABLE WATER BOTTLE.
- PERSONAL ESSENTIALS (CAMERA, SNACKS, ETC.).