

SACRED VALLEY TOUR WITH SOUND HEALING



Onaya Wellness **PERÚ**

Journey Beyond
Destinations



DAY 1

ITINERARY

SACRED VALLEY TOUR WITH SOUND HEALING

ONAYA GETAWAYS

DISCOVER THE WONDERS OF THE SACRED VALLEY WITH AN IMMERSIVE JOURNEY COMBINING CULTURAL EXPLORATION, NATURE, AND HOLISTIC WELLNESS. VISIT AN ALPACA FARM, EXPLORE THE ANCIENT PISAC ARCHAEOLOGICAL SITE, ENJOY A DELICIOUS ANDEAN LUNCH, AND END THE DAY WITH A DEEPLY REJUVENATING SOUND HEALING SESSION.

MORNING: ALPACA FARM VISIT

- BEGIN THE DAY WITH A DRIVE TO A CHARMING ALPACA FARM.
- LEARN ABOUT THE ALPACAS AND THEIR SIGNIFICANCE TO ANDEAN CULTURE.
- ENJOY TIME FEEDING AND INTERACTING WITH THESE GENTLE ANIMALS.

PISAC ARCHAEOLOGICAL SITE EXPLORATION

- TRAVEL TO PISAC, AN IMPRESSIVE INCA SITE KNOWN FOR ITS AGRICULTURAL TERRACES, CEREMONIAL STRUCTURES, AND BREATHTAKING VIEWS.
- DISCOVER THE HISTORY AND CULTURAL SIGNIFICANCE OF THE SITE WITH A KNOWLEDGEABLE GUIDE.

LUNCH IN PISAC

SAVOR A TRADITIONAL ANDEAN LUNCH AT A LOCAL RESTAURANT, ENJOYING REGIONAL DISHES MADE WITH FRESH, LOCAL INGREDIENTS.

AFTERNOON: SOUND HEALING SESSION

- CONCLUDE THE DAY WITH A 1.5-HOUR SOUND HEALING SESSION IN A SERENE LOCATION IN THE SACRED VALLEY.
- RELAX AS THE HARMONIC VIBRATIONS OF INSTRUMENTS LIKE TIBETAN SINGING BOWLS, GONGS, AND CHIMES HELP BALANCE YOUR ENERGY AND BRING INNER PEACE.

RETURN TO CUSCO

AFTER THE SOUND HEALING SESSION, ENJOY A COMFORTABLE DRIVE BACK TO CUSCO, REFLECTING ON THE DAY'S EXPERIENCES.

INCLUSIONS

- PRIVATE TRANSPORTATION
- ALPACA FARM VISIT AND ENTRANCE FEES
- GUIDED TOUR OF PISAC ARCHAEOLOGICAL SITE
- TRADITIONAL ANDEAN LUNCH
- 1.5-HOUR SOUND HEALING SESSION
- ONAYA GIFT BAG
- WATER AND SNACK

EXCLUSIONS

- PERSONAL EXPENSES
- TIPS