

SACRED VALLEY TOUR WITH SOUND HEALING



*Onaya Wellness*  
**PERÚ**

Journey Beyond  
Destinations



# ITINERARY

SACRED VALLEY TOUR WITH SOUND HEALING  
ONAYA GETAWAYS

## DAY 1

DISCOVER THE WONDERS OF THE SACRED VALLEY WITH AN IMMERSIVE JOURNEY COMBINING CULTURAL EXPLORATION, NATURE, AND HOLISTIC WELLNESS. VISIT AN ALPACA FARM, EXPLORE THE ANCIENT PISAC ARCHAEOLOGICAL SITE, ENJOY A DELICIOUS ANDEAN LUNCH, AND END THE DAY WITH A DEEPLY REJUVENATING SOUND HEALING SESSION.

### MORNING: ALPACA FARM VISIT

- BEGIN THE DAY WITH A DRIVE TO A CHARMING ALPACA FARM.
- LEARN ABOUT THE ALPACAS AND THEIR SIGNIFICANCE TO ANDEAN CULTURE.
- ENJOY TIME FEEDING AND INTERACTING WITH THESE GENTLE ANIMALS.

### PISAC ARCHAEOLOGICAL SITE EXPLORATION

- TRAVEL TO PISAC, AN IMPRESSIVE INCA SITE KNOWN FOR ITS AGRICULTURAL TERRACES, CEREMONIAL STRUCTURES, AND BREATHTAKING VIEWS.
- DISCOVER THE HISTORY AND CULTURAL SIGNIFICANCE OF THE SITE WITH A KNOWLEDGEABLE GUIDE.

### LUNCH IN PISAC

SAVOR A TRADITIONAL ANDEAN LUNCH AT A LOCAL RESTAURANT, ENJOYING REGIONAL DISHES MADE WITH FRESH, LOCAL INGREDIENTS.

## AFTERNOON: SOUND HEALING SESSION

- CONCLUDE THE DAY WITH A 1.5-HOUR SOUND HEALING SESSION IN A SERENE LOCATION IN THE SACRED VALLEY.
- RELAX AS THE HARMONIC VIBRATIONS OF INSTRUMENTS LIKE TIBETAN SINGING BOWLS, GONGS, AND CHIMES HELP BALANCE YOUR ENERGY AND BRING INNER PEACE.

## RETURN TO CUSCO

AFTER THE SOUND HEALING SESSION, ENJOY A COMFORTABLE DRIVE BACK TO CUSCO, REFLECTING ON THE DAY'S EXPERIENCES.

## INCLUSIONS

- PRIVATE TRANSPORTATION
- ALPACA FARM VISIT AND ENTRANCE FEES
- GUIDED TOUR OF PISAC ARCHAEOLOGICAL SITE
- TRADITIONAL ANDEAN LUNCH
- 1.5-HOUR SOUND HEALING SESSION
- ONAYA GIFT BAG
- WATER AND SNACK

## EXCLUSIONS

- PERSONAL EXPENSES
- TIPS